SOMerset
ADVENTURE GUIDE
it's all right here!

Explore and enjoy the outdoors!

go find it!

www.skowhegan.org
From black cherry and apple trees to hemlock, spruce, and fir, these mostly wooded trails contain a vast bounty of wildlife and plant species. About three-quarters of the way around the loop is a dammed pond, which was constructed to provide additional wetlands habitat. Beyond the dam is a section called the Trail of Thoughts. Spaced at regular intervals are small plaques with quotations related to woodlands, hiking, and the outdoors by a variety of famous poets and philosophers.

Name one poet found on a plaque at the Yankee Woodlot trail.
Bloomfield Playground
140 Academy Circle, Skowhegan

Features:
• Playground
• Picnic areas
• Walking loop

Bloomfield Playground is located behind Bloomfield Elementary School and features a large playground structure, many picnic tables, a guided walking path, a shade structure and much more. It’s a great place to relax while the kids are playing. For the safety of the school children, please do not visit during school hours.

How many slides are there at the Bloomfield Playground?
On the north side of US Route 2 and behind the Marti Stevens Learning Center, the Marti Stevens Trail drops down to the Kennebec River and follows it upstream providing great views of the river before winding back up the hill towards the road. Along the way, watch for the remains of the old ski jump, or search for the Marti Stevens Learning Center geocache. Sections of the trail are steep but safe for beginner hikers. Take it slow. Off-trail hiking is permitted, but use caution: scrap metal leftover from an old dairy farm may be hazardous.
Lake George Regional Park
10 Main St, Canaan

Features:
• ADA accessible
• Swimming
• Beach
• Picnic tables/grills
• Restrooms
• Trails

Lake George is a day-use lakeside park located between the towns of Skowhegan and Canaan, Maine. Established in 1992, visitors come year round to enjoy the lake, trails and picnic areas. Throughout the year community members and visitors can take part in many activities at the park: swimming, fishing, boating, cross-country skiing, picnicking, horseback riding and ice-fishing.

Name one of the many trails at Lake George Regional Park.
Downtown Walking Loop
Starts at 105 Water Street, Skowhegan

Features:
• Scenic views
• Sidewalks
• Street lights

This scenic 1.2 mile loop starts in the parking lot between Red Roof Relics and M Thai Restaurant and heads west down the beautifully restored downtown. Cross over the Margaret Chase Smith North Channel Bridge. Continue past the beautiful Federated Church and Fire Department surrounded by the Kennebec River. Continue over the Margaret Chase Smith South Channel Bridge. Once you have reached the end turn left onto Mill Street with the dam and Kennebec River Gorge to your left. Continue to the end of Mill Street and take a left to reach the Walking Bridge. Continue across the Walking Bridge and experience views of the beautiful Kennebec Gorge.

What color is the door of the Federated Church?
Skowhegan Maine

Places to visit...

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Coburn Woods Trail
Russell Road, Skowhegan
(0.6 miles north of Beech Street/Russell Rd intersection)

Features:
• Walking
• Snowshoeing
• Biking
• X-Country skiing

The quiet trail at Coburn Woods is mostly wooded and contains two trails that make a loop. Staying on the Green Trail will bring you to Taylor Field, a grassland bird nesting habitat and Maine Grain Alliance educational site. Trails have been cut throughout the property with a new parking lot on Russell Road. At Coburn Woods, there is ample opportunity for walking, cross country skiing, snowshoeing and mountain biking. Trail maps and a guest book can be found at the trail head on Russell Road.

How many stones surround the parking lot at the Coburn Woods Trail?
Skowhegan Riverwalk
Mt. Pleasant Avenue, Skowhegan

Features:
• Paved path
• Fitness stations
• Mountain bike track
• Picnic tables

Rebuilt in July, 2011, the Skowhegan River Walk is now a paved ADA-compliant stroll through the woods overlooking the scenic Kennebec River Gorge. Fitness stations, picnic tables, and benches line the trail. Parking can be found either across from the Debe Park entrance on Mt. Pleasant Avenue or at the north end of Joyce Street.

How many fitness stations are located on the trail?
Coburn Park
419 Water Street, Skowhegan

Features:
• Picnic tables
• Paved path
• Gazebo
• River views
• Park benches

Originally donated to the town in 1885 by former Governor Abner Coburn, Coburn Park resides on a high bluff overlooking the lower end of the Skowhegan Gorge. Coburn Park’s paved drives function as walking trails, although “off-trail” exploration is encouraged to view the park’s over 100 species of trees. Concerts are also held in the park throughout the summer months.

Name one person with a memorial found in Coburn Park.

www.skowhegan.org
Kennebec Banks is a rest area on the Kennebec River. It features multiple picnic tables, charcoal grills and grassy areas to picnic. There are many great spots to try fishing for the many types of fish found in the Kennebec River. Those with boats can access the Kennebec at Cleaver Landing which is adjacent to Kennebec Banks rest area.

**Features:**
- Picnic tables
- Grills
- River views
- Fishing
- Boat access

Which historical figure is featured at Kennebec Banks?
Amanda Berry Play Place
66 Hathaway Street, Skowhegan

Features:
- Playground
- Benches
- ADA accessible

Located on South Factory and Hathaway Streets, this playground provides a fun place to play for little ones. A ball field, playground, and grassy area good for a picnic can be found here.

How many swings are there at the Amanda Berry Play Place?
This passport is brought to you by

Partnerships to Improve Community Health (PICH)

Redington Fairview General Hospital
(207)474-5121 / www.rfgh.net

Somerset Public Health

EMHS
Access to Quality Healthcare

move more kids
new balance FOUNDATION

skowhegan
CHAMBER of COMMERCE

main street skowhegan

skowhegan A PLACE TO WATCH

lake george Regional Park

somerset woods trustees

hospice volunteers of somerset county
Wait! There’s more...

FIND MORE FUN AT...

visitskowhegan.com
skowhegan.org/recreation
somersetpublichealth.org/walkorbike