

# #DearFutureMe Video Contest



## Official Rules

### Contest Rules:

- The contest is open to students who live in (or have family who live/work in) Somerset County, Maine.
- Video must be **no more than 2 minutes long** and suitable for broadcast in a variety of venues (television, social media, etc.). Video **must mention how your avoidance of alcohol/drugs will help you reach your goals.**
- All work must be your own original creation and **free of copyrighted materials** (music, images, etc).
- Material that promotes alcohol/drug use or promotes bigotry, racism, hatred, or harm against any group or individual or promotes discrimination based on race, sex, religion, nationality, disability, sexual orientation or age **will be automatically disqualified.**
- Students may work together to create an entry but **entry must be submitted by an individual student.**
- There is **no entry fee.**
- **No professional assistance is allowed.** Adults may assist with production but are limited to verbal guidance only. Adults are allowed to be actors or to take film but not content contributors.
- Video must be submitted with completed **“Dear Future Me” Contest Entry Form** (including parent/guardian signature giving you permission to enter the contest, if entrant is under 18 years of age) and **“Dear Future Me” Contest Release Forms** (signed by a parent/guardian for each actor under 18-years-of-age who appears in the video) and the **Northern Light Health Marketing and Advertising Release Form.**
- **Ownership of the underlying intellectual property of the project remains with the entrant, with the following exceptions:**
  - o Entrants grant Somerset Public Health and Healthy SV the right to use their names, photographs, statements, quotes, testimonials, and video submissions for advertising, publicity, and promotional purposes without notification or further compensation.
  - o Entrants also grant Somerset Public Health and Healthy SV the right to use, reproduce, reprint, distribute, perform, and/or display the entrant’s project video without further compensation or notification to the entrant.
  - o Somerset Public Health and Healthy SV maintain the right to reproduce, reprint, distribute, perform, display, or exhibit the project for advertising, publicity, and promotional purposes on their website, at conferences, or at any other venues.
- By accepting the Grand Prize, winner agrees to hold Somerset Public Health and Healthy SV and all employees harmless against any and all claims and liability arising out of use of such prizes. **Winner assumes all liability for any injury or damage caused from participation in the contest or use/redemption of any prize.**
- Entrants agree to be bound by the **official contest rules and decisions of the judges.**
- Employees of Somerset Public Health and Healthy SV, and their immediate family, are not eligible to win. **Void where prohibited by law. Contest is subject to all applicable federal, state, and local laws.**
- Submit your video, along with your completed **“Dear Future Me” Contest Entry Form**, **“Dear Future Me” Contest Release Forms** (if applicable), and the **Northern Light Health Marketing and Advertising Release Form** to [slandry@rfgh.net](mailto:slandry@rfgh.net) by **Friday, May 31, 2019.**

# Good Luck!